

# Higher Education **E-News**

Volume 9 Issue 4 – December 2021

## WINTER/SPRING 2022

### HIGHER ED FUNDING REQUIREMENTS

- Complete Higher Ed Application.
- Provide proof of enrollment as a Tulalip Tribal member.
- Running Start students must provide a letter from their high school counselor on school letterhead, stating that the school knows the student is in Running Start.
- Provide results of Free Application for Federal Financial Aid (FAFSA) SAR annually. <http://www.fafsa.edu.gov>.
- Provide a complete educational program plan of courses for your degree from the college/institution.
- Goal letter—State your academic goals and how you plan to achieve those goals and projected outcomes.
- Must sign the Policy Agreement acknowledging receipt and understanding of the Higher Education Policy regarding student responsibilities and probationary status.
- Class schedule & prior term grades with required elements (See box below).
- Tuition invoice from college/institution.
- Diving or other certificate program — Proper documentation must be provided.
- Room & Board—students must provide a lease agreement and W-9 from landlord and live at least 35 miles from home.
- **Change in Higher ED Policy:** All students will receive Books, Stipend & Tuition. Students may receive, in addition, room & board if eligible.

This documentation must be provided to Higher Ed staff at least **two (2) weeks prior to school start date**.

The fillable Higher ED Required Documents are located at: [www.tulaliptribes-nsn.gov/Dept/HigherEducation](http://www.tulaliptribes-nsn.gov/Dept/HigherEducation)

### **Required Documents for Funding** on schedules, grades & tuition invoices

- Student Name
- SID#: Your student ID number
- Name of School
- Term: i.e FALL 2021

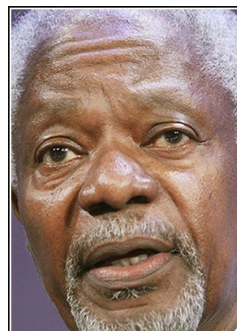
(Finance requires this information as back up for check order.)

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### 10 Reasons Why Education Is Important

1. Education gives you the tools to get a good job, so you can become financially stable in life.
2. An educated society is crucial for economic growth. With a more educated society, more employment opportunities become available.
3. With education you learn about values and morals which helps develop a well balanced, open mind.
4. Education helps you build self-confidence and the ability to express your opinions.
5. Education fosters critical thinking and problem solving. This ability to analyze a situation and decide on a course of action leading to a satisfactory solution is invaluable.
6. Education helps you gain social skills for interaction with a wide variety of people, enabling you to converse and work together on tasks.
7. Education improves our lives and encourages us to become better people. Educated people can easily differentiate between right and wrong.
8. Education enables you to fulfill basic needs in life.
9. Education helps us build a foundation for life long learning, providing knowledge in other areas, opening up your horizons.
10. Education assists in learning goal setting. Accomplishing your goals plays a key role in a successful adult life.



Education is a human right with immense power to transform. On its foundation rest the cornerstones of freedom, democracy and sustainable human development.

— Kofi Annan —

AZ QUOTES



You don't have to be super stressed out when it comes to test time. Here are a few simple ways to get thoroughly prepared for tests....and stay calm while you are taking them.

**SCHEDULE STUDY TIME** - Trying to cram in all your studying the night before the test is really impossible. The strategy of trying to master all the material the night before the BIG TEST will not only make you super tired but really stressed out.

The better alternative is to schedule study time every day for several days before the test. Psychologists tell us that this strategy helps you store important information in your memory for the day of the test. The night before the test should be spent reviewing the information you already know and practice what you have learned.



**USE YOUR TIME WISELY** - Before you begin studying, get rid of any distractions, clear your desk of electronics, games and your phone. Also, make sure you have all the supplies you need so you do not lose focus. Make sure you build in small breaks while you are studying for snacks, nature breaks and/or play a quick computer game to relieve the tension if your head is about ready to explode.

**FORM A STUDY GROUP** - Studying with other people can help you better understand the material and learn from others. Putting together or joining a study group before a test can be a great way to review what you have learned by splitting up the material into more manageable sections. Each person or pair should take a section of the material and create a study sheet plus questions and flashcards for the group.

- Continued on column 2

Pick the group carefully. The group should be kept small—the larger the group— more confusion and distractions are possible. Everyone should take a turn as the group leader, assigning material and making sure the conversation stays on what is being study.

**LAST MINUTE TEST PREP** - Have your pencils sharpened and other material ready in your bag, ready to go for the next morning. Don't underestimate the importance of getting a good night's sleep the night before the test. Also, eat a hearty, healthy breakfast the morning of the test. This way, both your mind and your body will be prepared.



Note: Studying right up to test time may only create more anxiety. Stop studying at least an hour before the test. **RELAX. RELAX. RELAX.**

**THE TEST** - Write important tables, formula and definitions on the back of the test. This is really important on math tests. Read over the entire test when you first get it. Answer the easiest questions first. Take the time to notice if any questions give hints for other test questions. After the pre-reading of the test and answering really easy questions, answer only one (1) question at a time. Read the questions and instructions carefully. Just answer every question. **FOCUS!**

- Multiple choice questions—answer the question first on your own before looking at the provided responses. This way you won't be distracted.
- Essay questions—outline a few points in the margin to keep you focused while you write.

**EXAM STRESS?** - breathe deeply. Tensing and relaxing your muscles can help you relax. Exercise regularly. Get a good night's sleep. Set realistic goals.



Partial credit is better than no credit. If you are unsure about an answer, it usually doesn't hurt to give your best guess.

**"EDUCATION IS THE TICKET TO SUCCESS"** *Jamie Escalante*



START HERE  
GO FURTHER  
FEDERAL STUDENT AID

**FAFSA 2022–23 Student Aid Report**

FEDERAL FINANCIAL AID **is limited**. Submit your FAFSA 2022-23 beginning October 1, 2021 ([www.fafsa.gov](http://www.fafsa.gov)). Please send a PDF copy of your **STUDENT AID REPORT 2022-23** to the Higher ED Department at [highered@tulaliptribes-nsn.gov](mailto:highered@tulaliptribes-nsn.gov).

**HIGHER ED E-NEWS**

**Publisher:** Higher ED Department

**Editor:** Jeanne Steffener

**Email:** [highered@tulaliptribes-nsn.gov](mailto:highered@tulaliptribes-nsn.gov)

**Phone:** 360-716-4888