

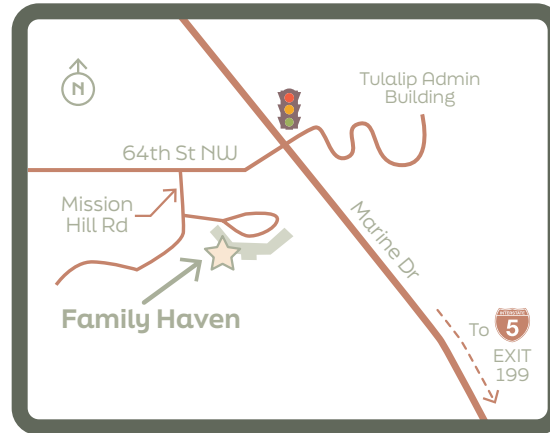
# Eagle Spirit Group Activities

Ages: 12-24

Contact the *Teen Outreach Advocate* if interested in weekly group activities including:

- Drum making
- Beading
- Making traditional salves
- Making self-care items
- Painting
- Homework help

**And more!**



TDS-39136

**For more information  
please contact:**

**Elena Dan**

*Teen Outreach Advocate*  
P: 360-716-4898 | C: 360-722-4152

**Sasha Smith**

*Family and Youth Support Coordinator*  
P: 360-716-4404 | C: 360-454-4673

**Family Advocacy  
Family Haven**

2828 Mission Hill Rd  
Tulalip, WA 98271  
360-716-3284  
F: 360-716-0791



**FAMILY HAVEN**

**TEEN  
OUTREACH**



## Who can join?

Tulalip Tribal members, other native, and descendants ages 12 to 24 located in Snohomish County.

## How can I join?

The referral for the program is located on the Family Haven webpage at:

<https://www.tulaliptribes-nsn.gov/Dept/FamilyHaven>

Our advocates will staff the referral and reach out to the referred youth within 72 hours of when the referral was submitted.

## How often will my advocate visit?

Weekly or as desired until youth is ready to exit from the Teen Outreach Program.

## Our mission statement

We are a program that provides intensive outreach support for Native youth ages 12 to 24 who are dealing with suicidal thoughts, depression, anxiety, and substance abuse disorder. We encourage youth and young adults to re-engage with school, the community, their families, and community resources.

## Services offered to youth:

- Support for youth and young adults to develop positive and healthy relationships with those around them and within their community.
- We mentor with the goal of improving mental wellness and help youth learn coping skills that can be used on a daily basis.
- Providing support for youth working towards their own individualized goals.

