

Our Mission

Our purpose is to ensure our client's knowledge and their transition into adulthood is both successful and stress free.

How will services be provided?

- ▶ In a respectful, culturally driven approach
- ▶ Staff will be available to meet you in any setting that feels comfortable for you
- ▶ The life skills program is client driven, we will work with youth to identify their goals and ambitions

Big journeys begin with small steps

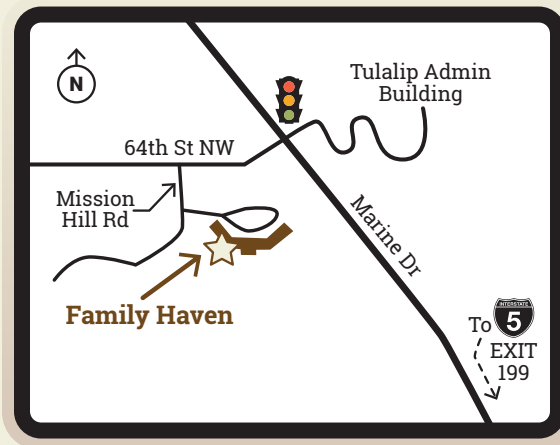


For more information,
please contact:

Annie Partney
360-716-4342 (desk)
360-722-2575 (cell)

apartney@tulaliptribes-nsn.gov

Main Office
360-716-3284



Family Haven
2828 Mission Hill Rd
Tulalip, WA 98271



TDS-42688



FAMILY HAVEN

Life Skills Program

*Reaching out to support
you in your journey towards
independence*

The **Life Skills Program** is provided at no cost to you or your family.

Who can participate?

Tulalip youth who were in foster care at the age of 15 or older, and/or in extended foster care up to the age of 23.



How can we help?

Assistance with:

- ▶ A driver's license and/or state ID
- ▶ Transitional and permanent housing
- ▶ Birth certificates, school transcripts, passport, etc.
- ▶ Social services (such as TANF, food stamps, etc.)
- ▶ Setting, prioritizing and accomplishing goals
- ▶ Limited transportation services

Healthy habits and self care

- ▶ Stress management skills
- ▶ Cooking skills
- ▶ Basic sewing

Support with:

- ▶ Legal issues
- ▶ School enrollment and completion
- ▶ Working with social workers, school advocates and liaisons and court personnel to get needs met

Information about:

- ▶ Resume building, job applications, and job interviews
- ▶ Financial management and budgeting
- ▶ Mental health services
- ▶ Tutoring resources
- ▶ Available resources such as:
 - Treehouse and Youthnet
 - Planned Parenthood
 - TERO training and/or classes

