



EMERGENCY MANAGEMENT

CORONAVIRUS UPDATES

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Tulalip Tribes leadership has received notification of two community residents that have been transported to local hospitals with similar symptoms to COVID-19. We continue to assess, respond, and coordinate services and provide you with the most up to date information. See below for more in-depth information.

Out of an abundance of caution, we are sending this notice to our people so that you can make the most informed decisions about the health care of your families.

Coronavirus is generally considered a mild illness in most healthy individuals. However, the elderly, those with underlying health conditions, especially respiratory conditions, and those with suppressed immune systems due to existing health conditions may be severely affected by the virus.

Currently, we have no plans for large scale quarantine or other drastic measures. We are relying on every individual to self-monitor and self-quarantine if you show symptoms of Coronavirus, including fever and cough. The current medical advice for healthy individuals who show symptoms is to call your regular health care provider and self-quarantine for up to 14 days.

We rely on every one of our people to keep our community safe. You can help by sanitizing high touch surfaces with a 10% bleach/water solution or other known anti-microbial cleansers. Break the habit of touching your face. Many people unknowingly infect themselves by touching contaminated surfaces then touching their eyes, nose, or mouth. Wash your hands often with soap and warm water for at least 20 seconds (sing the birthday song twice). Keep your distance from anyone with a cough. Experts have explained that the virus does not last long in the air, and droplets containing the virus drop to the ground between three and six feet.

We know this is a scary time. We encourage people to remain level headed. Keeping calm and following your routine can help reduce stress for everyone, especially children. Continue to go to school and work, and please, continue to live your lives while taking sensible precautions to stay healthy.

We will continue to be vigilant and prepare, and we will be flexible in our strategy, depending on how the virus progresses. In the meantime, our hands go up to the first responders who will continue to work to make our communities safe, and to you, our people, for your preparations and prayers. Our office of Emergency Management will send out updates when more complete information is available, as best practices change or when there are emergent situations. We will get through this together.