



Washington State Department of
CHILDREN, YOUTH & FAMILIES

Please contact us for more information

Family Haven

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Family Spirit

Promoting Maternal and
Early Child Health

What is Family Spirit?

Family Spirit is a home visiting program providing services to pregnant and parenting families with Native children under the age of three.





Who can enroll?

Tulalip Tribal members of a Tulalip child under the age of three, that are:

- A pregnant mother
- An expectant father
- A grandparent
- Another caregiver

Where can a visit take place?

- In your home, a fun park, the familiarity of a doctor's office, or a cozy coffee shop—anywhere your family feels truly at ease

How often will my family health educator visit?

Every week as desired up until your child is three years old.

Family participation

Families in the program also receive incentives along the way for their participation.



My health educator will support me to:

- Have a healthy pregnancy and healthy baby
- Build a strong network of support for me and my baby
- Incorporate traditional teachings around pregnancy, parenting, and childbirth
- Learn about childbirth, newborn care, child development, family planning and parenting
- Get referrals for healthcare, childcare, job training and other support services available in our community
- Access medical, dental and behavioral health services
- Find ways to continue my education and develop job skills
- Set goals for my family's future and find ways to help me reach them